



Australian  
Human Rights  
Commission

# 1800 ELDERHelp (1800 353 374)

I am **treated** with **respect** by  
family and friends

I **know** how my **money** is being spent

I **choose** what happens in my **home**

**Decisions** about my life are in my  
**best interest**

My will reflects **my own wishes**

I **know** where my  
**medication** is

If you  
answered  
**'no'** to any  
of these  
statements,  
you may wish  
to **talk to**  
**someone you**  
**can trust.**



If you experience, witness,  
or suspect elder abuse, call the  
**free and confidential**  
National Elder Abuse phone line for  
information, support and referrals.

In an emergency, contact **000**.